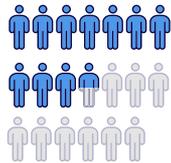


# When it comes to diabetes, there's still a lot we don't know.

Here at VUE Health, we took it upon ourselves to uncover insights that can help medical providers better connect with patients in need. **In an independent survey conducted with almost 2000 patients in the United States with type 1 and type 2 diabetes**, crossing Black, Asian, White, and Hispanic/Latino populations, **we came upon some particularly revealing and statistically significant observations.**

1



**More than 55%** of our survey respondents reported a diagnosis of type 2 diabetes by the age of 30 years.

Despite many believing that type 2 diabetes is something that happens later in life, more than 55% of our survey respondents reported a diagnosis of type 2 diabetes by the age of 30 years.

2



**Hispanic/Latino and Asian populations were 4 times less likely** to know what a continuous glucose monitor (CGM) was.

Hispanic/Latino and Asian populations were 4 times less likely than their White and/or Black peers to know what a continuous glucose monitor (CGM) was.

3



**More than 55%** of respondents felt that their doctor was not familiar with their family, their history, or their background.

More than 55% of our respondents, regardless of ethnicity, felt that their doctor was not familiar with their family, their history, or their background.

4



**Hispanic/Latino populations face the highest hurdles** for managing a chronic illness.

Hispanic/Latino populations are least likely to have insurance and, therefore, face the highest hurdles for managing a chronic illness.

5



**Scheduling appointments was reported as the biggest barrier**, followed closely behind by interacting with healthcare providers.

Across all demographics, scheduling appointments to manage their diabetes and overall health was reported as the biggest barrier to effectively managing their care, followed closely behind by interacting with healthcare providers.



**Insights like these and others can help strengthen the relationship of care teams and their patients.**

They can also lead to a greater understanding of the barriers to care, including the mental health effects associated with diabetes.

## Interested in learning more?

We would love to continue the conversation.



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VUE Health is committed to continuing our mission of helping brands better understand their audiences to elevate the standard of care and enhance health outcomes. **With your help, we can enhance the diabetic patient experience through education. Our research has a lot more stories to tell and we would love to dig in to see how they may apply to your brand.**